



CARE & PREVENTION OF ATHLETIC INJURIES (PE-22) NEW COACHES SEMINAR (NCS)

COURSE DATES & INFORMATION: 2023–2024

Link to sign up for course: [2023-24 Application](#)

SUMMER 2023	FALL 2023	WINTER 2024	SPRING 2024
Care & Prevention Class: August 1 & 3, 2023 (Virtual) 6:30–9:30 p.m. August 5, 2023 (In-Person) 8:00 a.m.–5:00 p.m. OR August 6, 2023 (In-Person) 8:00 a.m.–5:00 p.m.	Care & Prevention Class: November 6 & 8, 2023 (Virtual) 6:30–9:30 p.m. November 11, 2023 (In-Person) 8:00 a.m.–5:00 p.m. OR November 12, 2023 (In-Person) 8:00 a.m.–5:00 p.m.	Care & Prevention Class: February 20 & 22, 2023 (Virtual) 6:30–9:30 p.m. February 24, 2024 (In-Person) 8:00 a.m.–5:00 p.m. OR February 25, 2024 (In-Person) 8:00 a.m.–5:00 p.m.	Care & Prevention Class: June 4 & 6, 2024 (Virtual) 6:30–9:30 p.m. June 8, 2024 (In-Person) 8:00 a.m.–5:00 p.m. OR June 9, 2024 (In-Person) 8:00 a.m.–5:00 p.m.
New Coaches' Seminar: Fall Coaches Only Aug. 8, 2023 @ Montgomery Blair 6:00–9:00 p.m.	New Coaches' Seminar: Winter Coaches Only Nov. 14, 2023 @ Montgomery Blair 6:00–9:00 p.m.	New Coaches' Seminar: Spring Coaches Only Feb. 29, 2024 @ Montgomery Blair 6:00–9:00 p.m.	New Coaches' Seminar: Make-Up Session June 12, 2024 @ Montgomery Blair 6:00–9:00 p.m.

Each session is comprised of four classes – three Care & Prevention classes and one New Coaches Seminar.

- **2023–24 Course Information:** The *Care and Prevention of Athletic Injuries Course (PE 22)* consists of three classes – two evenings and a one-day weekend day (Saturday **or** Sunday). The weekday courses will be held from 6:30 to 9:30 p.m. via zoom and the weekend course will be held in-person from 8:00 a.m. to 5:00 p.m., with a half hour break for lunch. *Note: Participants must be available the entire time, for all three days, to receive credit for the course. Unfortunately, if any part of the course is missed, participants will be required to re-take the entire course in the next available session.
- **Online Payment:** The course fee must be paid on-line (link opens in July) in order to be added to the course roster. The payment link is found on the [2023-24 PE22 Application](#).
- **The New Coaches' Seminar:** is required for all coaches prior to beginning their first MCPS coaching assignment. The class is offered for all coaches prior to the specific sport season they are coaching, athletics specialists will enroll new coaches into NCS. Note: Participants are not required to attend the New Coaches' Seminar if they have previously taken the class.
- **CPR/AED Certification:** All stipend coaches must be certified in CPR/AED prior to beginning their coaching assignment. Coaches who do not have a current certification in CPR/AED are required to become CPR certified. Volunteer coaches are **not** required to be AED/CPR certified prior to beginning to their coaching assignment. CPR will now be taken at the local school.

Regarding classes postponed due to inclement weather or other systemwide emergencies: If it becomes necessary to cancel a class, all postponed classes will be made up on the earliest date available.

Action Required: One week prior to the start of the class, participants must confirm their attendance in the class and guarantee their seat by responding to the course logistics e-mail.

All questions should be referred to the local school athletics specialist.

MCPS Athletics Phone Number: 240-740-5650; or contact Anne Rossiter via email: anne_m_rossiter@mcpsmd.org