

Maryland's Largest School District

MONTGOMERY COUNTY PUBLIC SCHOOLS

Expanding Opportunity and Unleashing Potential

Resources for Families

- [**How to Talk to Kids About Violence, Crime, and War**](#): Common Sense Media gathers tips and conversation starters to help you talk to kids of different ages about the toughest topics.
- [**Resilience in a time of war: Tips for parents and teachers of teens**](#): This article from the American Psychological Association can help adults guide their adolescent children beyond fear and to resilience.
- [**National Child Traumatic Stress Network**](#): Provides resources that can be filtered by topic or keyword and by audience with a focus on how adults can identify traumatic responses in young people and how to support them.