

GRADE	Marking Period 1	MP 2	MP 3	MP 4
K -	Locomotor Movements	Relationships w/objects	Jumping and Landing	Kick w/instep
	Spatial Awareness	Underhand Throw	Balancing	Strike w/body part
	Effects of Exercise	Catching (self-tossed)	Effects of Exercise	Respect
1 -	Locomotor Movements	Relationships of body parts	Jumping and Landing	Kicking
	Spatial Awareness	Underhand Throw	Balancing	Striking
	Effects of Exercise	Catching (from teacher)	Effects of Exercise	Goal Setting
2 -	Locomotor Movements	Relationships w/People	Jumping and Landing (jump Rope)	Dribbling w/feet
	Spatial Awareness	Overhand Throw	Balance and Weight Transfer	Strike w/paddle or racket
	Effects of Exercise	Catching (self-tossed)	Effects of Exercise	Persistence
3 -	Dribbling w/hands	Catching (levels)	Dancing	Forehand Strike (tennis)
	Dribbling w/feet	Throwing (levels)	Balancing & Weight Transfer	Striking w/bat (baseball)
	Fitness Components	Striking w/body parts	Responsibility	FITT Principal
4 -	Passing w/hands	Catching (while moving)	Dancing	Backhand Strike (tennis)
	Passing w/feet	Throwing (moving target)	Weight Transfer (cartwheel)	Striking w/bat (baseball)
	Fitness Components	Striking w/body parts	Responsibility	FITT Principal
5 -	Shooting w/hands	Catching (While moving away)	Dancing	Forehand while moving (tennis)
	Shooting w/feet	Throwing (to person moving away)	Weight Transfer (Round off)	Striking w/golf clubs
	Fitness Components	Striking w/body parts	Conflict Resolution Skills	FITT Principal