

The Falcon News

Volumen 4, Edition 36, June 12, 2023

Upcoming Important Events



June 15th

5th Grade Promotion @ 6 PM



June 16th

**Last Day of School for Students;
Dismissal will be at 12:55 PM**



June 28th

Report Card Distribution



LUNCH

06/12		06/13		06/14	
Turkey Frank+ on WG Bun w/ Ranchero Beans OR	445 56	Chicken WG Nuggets w/ Baked FF Potatoes & Roll OR	398 44	Grilled Cheese WG Sandwich IW Marinara Cup OR	280 31 40 7
Pancakes & Syrup w/ Yogurt & Cheese Stick Assorted Vegetables	220/240 80/59	35/62 15/1	Manager's Choice Assorted Vegetables	Manager's Choice Assorted Vegetables	
Assorted fruit and milk are available at every meal.		Assorted fruit: Calories 20-127; Carbs 7-33		Milk: Calories 90-120; Carbs 12-20	
06/15		06/16			
Pizza, Cheese or Pepperoni+~ OR	320/330 31	Pizza, Cheese or Pepperoni+~ OR	320/330 31		
Manager's Choice Assorted Vegetables		Manager's Choice Assorted Vegetables			

Leader in Me Newsletter

@ FIELDS ROAD ES

JUNE 11, 2023



SPOTLIGHT

Mrs. Molnar and her second grade class helped clean the courtyard this spring. Afterwards, they mulched, planted flowers, and watered the plants. Great job **thinking win-win** and making our school community a beautiful place for everyone to enjoy!



THE 7 HABITS SUMMARIZED

Here are some words of encouragement to show your child that you recognize them demonstrating the 7 habits at home this summer!

- 1. BE PROACTIVE**
"I saw you packing your bag to get ready!"
- 2. BEGIN WITH THE END IN MIND**
"I noticed you asked for help."
- 3. PUT FIRST THINGS FIRST**
"I heard you say no to a bad choice."
- 4. THINK WIN-WIN**
"You helped clean up the mess."
- 5. SEEK FIRST TO UNDERSTAND, THEN TO BE UNDERSTOOD**
"I noticed that you listened to someone else's opinion before you shared your own."
- 6. SYNERGIZE**
"You encouraged a friend."
- 7. SHARPEN THE SAW**
"I saw you helping someone else."

All Fields Road ES library books are due!

Students have been given a list of the books that they need to return. Our school library will gladly accept donations if you cannot find your book(s) and are able to pay for the book or purchase another copy. We can accept checks made out to Fields Road Elementary School. We also accept cash, but cannot provide change. Thank you!



MCPS NEWS



Board of Education Adopts \$3.165 Billion Operating Budget for Fiscal Year 2024

The Montgomery County Board of Education has unanimously adopted a \$3.165 billion operating budget for Fiscal Year (FY) 2024, an increase of \$245 million or 8.4 percent over the prior year.

The adopted budget will allow MCPS to make investments to support enrollment growth and student academic needs, while providing staff wage increases to competitively hire and retain highly qualified teachers, administrators and support service workers.

[Read more](#)

Mark Your Calendars for the Annual Back-to-School Fair

MCPS is hosting its annual Back-to-School Fair on Saturday, Aug. 26 from 10 a.m. to 1 p.m. at Westfield Wheaton mall. The event is a wonderful opportunity for families to learn about the school system and county programs and services. There will be family-friendly activities, entertainment, an immunization clinic and more. Westfield Wheaton is located at 11160 Veirs Mill Road. Stay tuned to the [website](#) for updates throughout the summer.



Free Online Resources for Practice, Prep and Review Available this Summer



[Free online resources](#) are now available to support students who are not participating in summer tutoring or summer school. The [document](#) includes free academic resources and activities for elementary, middle and high school students to review content, practice skills and prepare for the upcoming school year.

We Need Your Input on the Blueprint Law Initiatives and Programs

The expansion of initiatives and programs as MCPS works to implement the Maryland Blueprint will impact all of our students, parents, partners and the community.



[The Blueprint for Maryland's Future](#) is a landmark piece of legislation passed in 2021, which includes comprehensive changes to Maryland's early childhood and public schools. With increased education funding, the Blueprint will accelerate student outcomes and improve the overall quality of education in Maryland.

MCPS values its stakeholders and the community. Please take a few brief minutes to complete the Blueprint survey and give us your feedback. We would love to hear from you.

[Take the survey.](#)

Survey in other languages:

[English](#) / [español](#) / [中文](#) / [français](#) / [Português](#) / [한국어](#) / [tiếng Việt](#) / [ភាសាខ្មែរ](#)

Sick Kids: When to Stay Home from School:

FEVER A temperature of 100.4° or higher	COUGHING THAT WON'T STOP Or other problems with breathing	DIARRHEA OR VOMITING Within the past 24 hours	RASH Body rash with itching and/or fever	HEAD LICE Itchy head, active head lice	EYE INFECTION Eye is red and oozing a yellow or green discharge
					

When to Return to School:

Fever free for 24 hours without the use of fever reducing medication such as ibuprofen or acetaminophen	Cough is mild and infrequent and evaluated by doctor if needed	Free from diarrhea and/or vomiting for at least 24 hours and evaluated by doctor if needed	Free from rash, itching or fever and evaluated by doctor if needed	After first head lice treatment	24 hours after starting antibiotic eye drops or ointment
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Montgomery County Department of Health and Human Services
School Health Services
401 Hungerford Drive, 2nd Floor
Rockville, MD 20850
(240) 777-1550

WHEN TO KEEP YOUR CHILD HOME FROM SCHOOL

When your child is sick, they should stay home and not attend school. This not only benefits your child but other children and staff in the classroom at school.

WHAT ARE IMPORTANT SIGNS OF ILLNESS?

Some important signs of illness are:

1. Temperature of more than 100° F orally
2. Nausea or vomiting
3. Stomachache
4. Diarrhea
5. Pale or flushed face
6. Headache
7. Persistent cough
8. Earache
9. Thick yellowish discharge from nose
10. Sore throat
11. Rash or infection of the skin
12. Red or pink eyes
13. Loss of energy or decrease in activity

WHAT SHOULD I DO IF MY CHILD HAS ANY OF THESE SIGNS?

If your child has any of these symptoms when it is time for school, it is best that they stay home. Most childhood illnesses are over soon and no cause for worry. But, if the symptoms are severe or persist for more than 24 hours, you should contact your private source of medical care.

Children sometimes use illness as an excuse to miss school. On the other hand, some children force themselves to go to school even though they are sick. There may be times that your child does not show signs of the above-noted symptoms but may be ill. It is up to you to be alert to your children's health and to decide when it is best to send them to school.

WHEN MAY MY CHILD RETURN TO SCHOOL AFTER AN ILLNESS?

The Centers for Disease Control recommends that individuals stay home “until at least 24 hours after they no longer have a fever (100 degrees Fahrenheit or 37.8 degrees Celsius) or signs of a fever (chills, feeling very warm, flushed appearance, or sweating) without the use of fever-reducing medicine.” <http://www.cdc.gov/flu/school/guidance.htm>

Generally, your child may return to school when there is no longer a sign of illness. However, there may be times when it is necessary for your child to see your source of medical care before returning to school. Please call your school nurse if you have any questions regarding a specific condition.

WHAT WILL HAPPEN IF MY CHILD BECOMES ILL AT SCHOOL?

If your child complains of being sick or does not look well after they reach school, we will contact you. Therefore, it is important that you provide the school with up-to-date information and phone numbers to call in case it is necessary to contact you.

MCPS Covid-19 Self-Reporting Form



Fields Road PTA

Support programs and fun for students! Join the PTA!