

High Frequency Words are words that we see and write often. It is important to have control of these words so that they do not slow us down when we are reading or writing.

Here are some different ways to practice high frequency words with your child:

- **Bingo** ~ fill in the boxes with high-frequency words
- **Tic-Tac-Toe** ~ instead of x's and o's, pick two words from the frequency word list
- **Magnetic letters** ~ make the word, scramble the letters, make it again
- **Rainbow Writing** ~ write the words in many different colors with markers, colored pencils, crayons
- **Vowels and Consonants** ~ write the words using one color for vowels (red) and another for consonants (blue)
- **I Spy** ~ find the words in books and poems
- **Clap Out** ~ clap as you say each letter in the word
- **Computer** ~ type the words on the computer, use different fonts
- **Spelling Basketball** ~ use a small basketball ring and about 5 indoor balls. Using the word list, play basketball. Each time the shooter misses, he or she must spell or write a word

- **Keep a list of these words as a resource for whenever your child is writing at home.**