



Learn tools to support your child's mental health and success in school



PEP Family Resiliency Program

A FREE 8-week program for MCPS parents and care providers who want to learn strategies to better support your children and teens.



Meet and talk with other parents to share ideas and support each other.



Classes are in English, Spanish, and Amharic.

Las clases están disponibles en español.

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Participants who engage in 5+ sessions and complete the evaluation receive a \$50 gift card (limit one per household/family).

Details and how to register:



When: Classes start the week of **October 14, 2024** and are held once a week on Zoom from 7-8:30pm.

Classes meet on Tuesdays, Wednesdays, Thursdays, or Sundays



Spaces fill quickly so register today!

Scan the QR code or visit pep-frp.org



The Parent Encouragement Program (PEP) is a non-profit organization working to build strong, harmonious family relationships through parenting education, skills training, and support.

Learn more: pep-frp.org or frp@PEPparent.org