

## Small Groups

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Small Group counseling offers the opportunity for students with similar concerns to learn and talk with each other in a safe and fun environment.

Permission slips will be sent home prior to a student participating in a small group.

### Possible Group Topics:

- Changing Families/Divorce
- Anger Management
- Stress Busters
- The Friendship Club
- Good Grief (Grief/Death)
- Test-Taking Strategies
- Self-Esteem & Confidence
- New Student Groups
- Problem Solving
- Making Good Choices/ Impulse Control

## Lunch Bunches

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During the year, there will be opportunities for your child to have lunch in my office with a small group of friends. This will allow me to get to know your child and be able to build a rapport with him/her.

## Individual Counseling

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Individual counseling is available to all students to discuss academic, personal, and social issues. School counseling is not therapy but rather brief, short-term support for a student during a crisis situation, an immediate personal concern or a problem that may be affecting their academic success and their ability to focus in school.

### How Does a Child Meet with the Counselor?

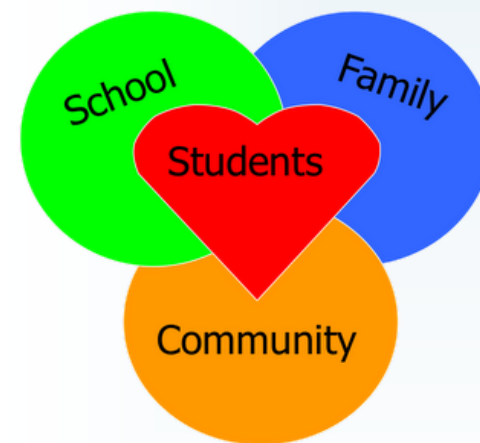
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- Self-referral by the student. Students can fill out a self-referral slip and turn it into my mailbox. Teachers will have copies of the slip in their classrooms and there will also be slips on my door.
- Teacher Referral
- Parent Referral
- Administrative Referral

**KIDS DON'T CARE HOW MUCH  
YOU KNOW UNTIL THEY KNOW  
HOW MUCH YOU CARE!**

## Greenwood Elementary School Counseling Program

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**Sandee Lee**  
School Counselor

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## Mission Statement

My mission as the School Counselor is to promote academic, emotional, social and career growth for each student. In order to do this, I will build a rapport with the students, teachers, families, and community members of Greenwood. By working collaboratively with students, staff and parents, I will help students achieve academic success and personal growth. I will encourage students to become life-long learners who are successful in all areas of development. Through the school counseling program, students will achieve a positive, healthy outlook towards themselves and others as they move through their developmental stages. This will be done through individual counseling, small groups and classroom guidance lessons. I will also work with students on overcoming any challenges that interfere with learning and advocate for an environment that supports high achievement for all students.



## My Role

- Counsel students individually in brief solution-focused counseling sessions as needed
- Teach guidance lessons in classrooms
- Conduct small group counseling sessions
- Consult with parents and families regarding concerns
- Collaborate with teachers
- Provide information on community resources for families
- Provide support during personal crisis
- Promote a positive and safe school climate
- Be a visible, proactive, positive support for ALL staff and students

## Classroom Guidance

Classroom instruction is provided to all students in each of the classrooms .

### Possible Guidance Lesson Topics:

- Personal Body Safety
- Feelings/Emotions
- Bullying
- Empathy
- Tolerance/Diversity
- Honesty
- Personal Space
- Conflict Resolution
- Bucket Filling / Bucket Dipping
- Friendships/Social Skills
- Personal Safety
- Stress & Anger Management
- Character Education
- Study Skills
- Decision-Making
- Career Exploration