



FACT SHEET

919 University Blvd. W, Rooms F 115/ 115A
Health Clinic: 301-649-8263 Fax: 301-649-8594
Wellness Center: 301-649-8550 Fax: 301-649-8595

Vision: The Northwood High School Wellness Center envisions students healthy in body, mind and spirit fully committed to high academic achievement and models of leadership, strength and success.

Mission: The NHS Wellness Center is committed to working with students in the school community to reach their full potential by offering coordinated medical care, quality counseling, positive youth development and health educational experiences in a confidential and culturally sensitive manner.

Clients: The Center serves students currently enrolled in Northwood High School

Fees: There are no fees.

Staff: The Wellness Center Health Clinic team includes certified nurse practitioners/pediatricians, a school nurse/clinic manager and certified nurse assistants. The Wellness Center Mental Health team includes a site coordinator, licensed mental health counselors, positive youth development specialists and a parent outreach specialist.

Services: Health Clinic (7:45 am – 2:30 pm) Monday – Friday

- Primary Preventive Care
- Diagnosis and treatment of minor/acute health problems
- Referral and Case Management of children with acute and chronic illnesses
- Routine & Sports Physical Exams
- Health screenings (including Vision, Hearing & Dental)
- Immunizations
- Gynecological care (No contraceptives dispensed)
- Laboratory testing (Includes STI/HIV screening)
- Health education and counseling through individual interventions and health promotion.

Wellness Center/Mental Health (8:00 am – 6:00 pm) Monday - Friday

- Individual Counseling
- Family counseling
- Group counseling
- Crisis **Intervention**

After-School Youth Groups

- Encourage healthy development
- Promote leadership, self- esteem, communication skills, goal setting, positive relationships and substance abuse education

Case Management Services (Individual & Family)

- Academic Support
- Child Care
- Clothing
- Legal Services
- Food Resources
- Educational & Employment Resources
- Emergency Services (Includes Eviction/Homelessness/Housing Issues)

