

Poolesville High School
Falcons!
Regina Grubb, Athletic Director

We have a strong sense of school pride and spirit here at Poolesville and there is great support for our extracurricular activities. Our athletic team programs are open to all enrolled students, who have maintained at least a 2.0 marking period average and are in good health and we encourage participation as athletes, managers and statisticians.

We expect our Student-Athletes to carry themselves with confidence while conducting themselves first, as Ladies and Gentlemen; second, as Scholars; and third, as competitive Athletes. As Ladies and Gentlemen, our athletes are expected to conduct themselves with dignity and respect. As Students, our athletes are expected to maintain high academic and attendance standards; and as Athletes, our students are expected to give maximum effort in their preparation for success at varsity level competition.

Our athletic program is divided into three sport seasons: Fall (August-November), Winter (November-March), and Spring (March-June). Practices are held daily after school and on Saturdays, depending on the sport; and games are played after school, at night, or on Saturdays. Tryouts are held prior to each sport season and students must have a valid physical exam form signed by a doctor and dated within one year of participation, and parent permission.

Registration is completed on the Parent Portal using google chrome about a month before the season.

All athletic department related information is found in the links below:

<http://www.montgomeryschoolsmd.org/schools/poolesvillehs/athletics/>

<https://phsboosterclub.org>

<http://www.montgomeryschoolsmd.org/departments/athletics/>

The Athletic Department of Poolesville High School consists of the following sports or activities:

Fall (begins Aug 12, 2020)

Cheerleading (Varsity and JV)
Cross Country (Co-ed)
Football (Varsity and JV)
Field Hockey (Varsity and JV)
Golf (Coed)
Poms (Dance Team)
Soccer (Boys Varsity and JV)
Soccer (Girls Varsity and JV)
Volleyball (Girls Varsity and JV)
Allied Team Handball (if enough players)

Winter (begins Nov 14, 2020)

Basketball (Boys Varsity and JV)
Basketball (Girls Varsity and JV)
Indoor Track (Co-ed)
Swimming/Diving (Co-ed)
Wrestling (Varsity and JV)
Poms (continued)
Varsity Cheerleading
Allied Bocce (if enough players)

Spring (begins March 1, 2021)

Baseball (Varsity and JV)
Softball (Varsity and JV)
Tennis (Boys & Girls)
Track (Co-ed)
Volleyball (Boys)
Volleyball (Co-ed)
Lacrosse (Boys Varsity and JV)
Lacrosse (Girls Varsity and JV)
Allied Softball (if enough players)

Poolesville High School -- Falcons Coaching Staff, 2020-21

SPORT	NAME	EMAIL ADDRESS
BASEBALL JV	Bill Cartwright	William_A_Cartwright@mcpsmd.org
BASEBALL V	Steve Orsini	Steven_M_Orsini@mcpsmd.org
BASKETBALL BOYS JV	Robert Smith	Robert_P_Smith@mcpsmd.org
BASKETBALL BOYS V	Kenny Kramek	Kenneth_M_Kramek@mcpsmd.org
BASKETBALL GIRLS JV	Katie Hackey	Kathryn_V_Hackey@msn.com
BASKETBALL GIRLS V	Fred Swick	Fred_A_Swick@mcpsmd.org
CHEERLEADERS JV	Sophia Stubbings	Sophia_M_Stubbings@mcpsmd.org
CHEERLEADERS V	Chrissy Dabbondanza	Christine_M_Dabbondanza@mcpsmd.org
CROSS COUNTRY Asst.	Ann Satsangi	Ann_Satsangi@mcpsmd.org
CROSS COUNTRY HC	Prasad Gerard	Prasad_Gerard@mcpsmd.org
FIELD HOCKEY JV	VACANT	
FIELD HOCKEY V	Taylor Bowen	taylor_a_bowen@mcpsmd.org
FOOTBALL	Michael Smith	
FOOTBALL	Brian Tupa	Brian_L_Tupa@mcpsmd.org
FOOTBALL (VOL)	Patrick Weld	
FOOTBALL	Skip Etheridge	James_M_Etheridge@mcpsmd.org
FOOTBALL - HC	Anthony Nazzaro	Anthony_T_Nazzaro@mcpsmd.org
GOLF V	Michelle Hunsicker-Blair	Michelle_L_Hunsicker-Blair@mcpsmd.org
INDOOR TRACK	Ann Satsangi	Ann_Satsangi@mcpsmd.org
INDOOR TRACK , HC	Prasad Gerard	Prasad_Gerard@mcpsmd.org
LACROSSE BOYS HC	Stu Orns	Stuart_Orns@mcpsmd.org
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LACROSSE GIRLS JV	VACANT	
LACROSSE GIRLS V	Mike Wills	Michael_Wills@mcpsmd.org
POMPONS	Mayra Hayes	mayra_l_mejia-hayes@mcpsmd.org
POMPONS	Adrienne Embrey	Adrienne_T_Embrey@mcpsmd.org
SOCCER BOYS V	Mike Wills	Michael_Wills@mcpsmd.org
SOCCER BOYS JV	Luke Fedders	Luke_D_Fedders@mcpsmd.org
SOCCER GIRLS JV	VACANT	
SOCCER GIRLS V	Rod Nubgaard	rod_c_nubgaard@mcpsmd.org
SOFTBALL JV	Kelsey Carnahan	Kelsey_Carnahan@mcpsmd.org
SOFTBALL V	Laurie Wohnhas	Laurie_L_Wohnhas@mcpsmd.org
SWIMMING	Jon Leong	Jonathan_H_Leong@mcpsmd.org
TENNIS BOYS	Tom Lang	Thomas_A_Lang@mcpsmd.org
TENNIS GIRLS	Andrew Johnson	andrew_w_johnson@mcpsmd.org
TRACK & FIELD, HC	Prasad Gerard	Prasad_Gerard@mcpsmd.org
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TRACK & FIELD Asst.	Michelle Blair	Michelle_L_Hunsicker-blair@mcpsmd.org
TRACK & FIELD Asst.	VACANT	
VOLLEYBALL BOYS	VACANT	
VOLLEYBALL COED	Megan Kenneweg	Megan_Kenneweg@mcpsmd.org
VOLLEYBALL GIRLS JV	Ashley Kuronya	Ashley_M_Kuronya@mcpsmd.org
VOLLEYBALL GIRLS V	Michele Naughton	Michelle_T_Naughton@mcpsmd.org
WRESTLING ASST.	DeVriendt, Damian	Vincernt_D_Devriendt@mcpsmd.org
WRESTLING V	Tim Tao	Timothy_N_Tao@mcpsmd.org