This is Megan McLaughlin, proud principal of LMS, calling with some important information. Tomorrow, Monday, March 13 will be an ODD Day. Wednesday, March 15th is an early release day and students will be dismissed at 12:30.

- Upcoming Testing Dates: This week, Eighth graders will be taking the Maryland
 Integrated Science Assessment (MISA) in their Science classes for the next two
 weeks. Please ensure that your student brings a fully charged Chromebook to school
 each day and that they get enough sleep the night prior. If your student will be out,
 please let the main office know so that we are able to schedule make-up testing as soon
 as possible.
- **SGA Spirit Week:** The Loiederman SGA is hosting a spirit week. Monday is pajama day. Tuesday is grade color day. Wednesday is bring a stuffed animal day, Thursday is Throwback Thursday (1990s), and Friday is wear green day!
- PTSA Virtual Meeting: Carol da Silva is inviting you to a scheduled Zoom meeting.
 - Topic: LMS PTSA General Membership Meeting
 - Time: Mar 14, 2023 07:30 PM Eastern Time (US and Canada)
 - Join Zoom Meeting

https://us06web.zoom.us/j/85747798185?pwd=UnNQdGs4bVNnYkNLUklKVStzUFZydz09

- Black Family and Student Alliance February Meeting: Our March Black Family and Student Alliance meeting will take place on March 30th from 6 PM – 8 PM and ALL are invited to attend. This month's meeting will focus on the achievements of MINORITY WOMEN as we acknowledge Women's History Month. We will break bread together with pizza and salad. Please sign up here to attend.
- Dangers of vaping and using inhalants: According to the National Institute on Drug Abuse, "Vaping devices are popular among teens and are now the most commonly used form of nicotine among youth in the United States." In order to curb the use of these devices, please be aware of your child's use of their phone. The use of cash apps (Venmo, CashApp) can be an indicator of purchasing vaping items. Any conversations about "carts" refer to the vaping cartridges used in these pens, so please be aware of this if you monitor your child's text messages and DMs. Should you have any concerns or suspect that your child may need help relating to the use of vaping/inhalants, please reach out to our school counselors. Any of these items used or found on school property

will result in disciplinary action per the MCPS Code of Conduct. Providing an emotional, physical, and social safe space for our students is a community effort. We appreciate your support in this matter and encourage you to discuss with your child the aforementioned topics.

- Here are links to additional resources for your information:
 - https://health.maryland.gov/phpa/ohpetup/pages/vapehelp.aspx
 - https://nida.nih.gov/publications/drugfacts/vaping-deviceselectronic-cigarettes
 - https://kidshealth.org/en/parents/e-cigarettes.html
 - https://e-cigarettes.surgeongeneral.gov/

• Calendar of Upcoming Dates/Events:

- March 13 March 23rd: 8th Graders will take MISA in Science class
- March 15: ½ Day- Dismissal at 12:30 p.m.
- March 31: Professional Day for Teachers- No School for Students
- April 3-April 10: Spring Break- No School (Offices closed April 5-10)

Please be sure to check out the <u>LMS PTSA Page on Facebook</u>. Stay well, stay safe, and thank you for staying connected to Loiederman. Have a good evening!